

# Banff Community House & Tenants' Association

Nov 2005	6-monthly Activity
Apr 2006	Plan

No Community Left Behind Project

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## Activities

- Women's Fitness Class
- TA monthly meetings
- Community Dinner
- Homework Tutoring Classes for youth 13-years and up
- Youth Mentorship
- Youth Community Survey
- Community Video Documentary
- Monthly Community Newsletter
- On the job Training, Job Search and Job Readiness program



## Activities Schedule

**Women's Fitness Classes:** Every Sunday and Monday from 7:30 to 8:30 p.m. Another evening will soon be added to this schedule

**TA Regular Meetings:** Tenants Association will be regularly holding its monthly meetings every first Saturday of the month at 5 p.m.

**Homework Tutoring classes** for youth 13 and up will be held every Tuesday and Wednesday evening from 5:30 to 7:30 p.m.

**Community Dinner** every Thursday evening at 6 - 7:30 p.m.

All Activities will take place at Banff Community House. ***Your participation is the key to success of all these activities.***

For details about all these activities, please contact Sylvie Manser at the Community House (613-739-5702), Abid Jan at South East Ottawa Centre for a Healthy Community (SEOCHC) (613-737-7195 Ext 403), or President of the Tenants' Association through the Community House.

**Thank you**

Looking forward to your regular participation

