



“No Community Left Behind” and “Foundations for Safer Communities” Projects are in Progress

No Community Left Behind and *Foundations for Safer Communities* are National Crime Prevention Centre and Ministry of Safety and Correctional Services’ funded projects, which are being implemented by South East Ottawa Centre for a Healthy Community (SEOCHC) in Ledbury and Banff community.

The purpose of these projects is to implement a comprehensive approach towards social development and crime prevention. This approach will be applied to address the roots of the problems in the partner community, reduce and prevent crime and improve community members’ overall quality of life.

These projects are a collaborative effort among organizations, agencies and community members who care about Ledbury and Banff community, the neighbourhood selected for

this pilot project. This collaboration is demonstrated in the work of the Steering Committee, which provides a structure for building a commitment to the process that will work beyond the life span of short term projects.

Presently the following activities are taking place under no this project:

— **Women’s Fitness Classes:** Every Sunday from 7:30 to 8:30 p.m. Another evening will soon be added to this schedule

— **TA Regular Meetings:** Tenants Association will be regularly holding its monthly meetings every first Saturday of the month at 5 p.m.

— **Homework Tutoring Classes** for youth 13 and up will be held every Tuesday and Wednesday evening from 6:00 to 8:00 p.m.

— **Community Dinner** every Thursday evening at 6:00 - 8:00 p.m. Community

members prepare food in their own cultural style. It gives the participating residents an opportunity to taste multi-cultural food as well as share their views and concerns about the community.

All Activities take place at Banff Community House. Exercise activity is organised at the Portable in the part. Community’s participation is the key to success of all these activities.

For details about all these activities, please contact:

- **Sylvie Manser**, House Director, Banff Community House (613-739-5702),
- **Abid Jan** at South East Ottawa Centre for a Healthy Community (SEOCHC) (613-737-7195 Ext 403), or
- **President of the Tenants’ Association** through the Community House.

Special points of interest:

- COMMUNITY HOUSE ANNUAL GENERAL MEETING IS SCHEDULED FOR JANUARY 26, 2006.
- TENANTS’ ASSOCIATION ELECTIONS WILL BE HELD ON JANUARY 26 AT THE AGM
- ALL COMMUNITY MEMBERS ARE INVITED TO PARTICIPATE IN THE TENANTS’ ASSOCIATION ELECTIONS

Programs and Services for 2006

In partnership with service providers and other partner organisations, the Banff Community House has planned various activities for different age groups.

Programs and Services for 2006
YOUNG CHILDREN PRO-

GRAMS/SERVICES

Early Learning Preschool Program (Preschool Program)
(In partnership with SEOCHC and Funding provided by Ministry of Health and Trillium Foundation)
(Tues, Wed, Thurs 10-12 & 1-

3:00pm)
To promote school readiness for preschool children 2-5yrs of age. Focus is put on literacy and routine establishment.

Playgroup (Parent & Child)
(In partnership with SEOCHC and Funding provided by Ministry of Health and Tril-

Annual General Meeting and Tenants’ Association Elections January 26, 2005

TA PROGRESS AND 2006 WORKPLAN	6:30 pm
TA ELECTIONS	6:45 pm
COMMUNITY HOUSE APPOINTING SEATS TO THE BOARD	7:30 pm
COMMUNITY HOUSE REPORT	7:45 pm
TREASURER REPORT	8:10 pm
ADJOURNMENT	8:30 pm

Banff Community Newsletter



Lunch and Chat activity that takes place every Monday at 12:00 pm

OWNERSHIP
AND ACTIVE
PARTICIPATION
OF THE
COMMUNITY
MEMBERS MAKE
THESE
PROGRAMS
MORE EFFECTIVE.



Another View of the Lunch and Chat activity at the Community House

lium Foundation)

Monday & Friday 10-11:30am

To foster positive, constructive parenting and offer opportunities to enhance development of children.

Homework Club (Jr.)6-7yrs (In partnership with Boys and Girls Club, Funding provided by United Way & Trilium Foundation)

Mon, Tues, Wed, Thurs 3:30-5:00pm

To provide a quiet, safe place for children to access support with their homework.

Children's Clothing Cupboard

(In partnership with Ottawa Coalition of Community Houses)

Monday 12:30-2pm

Donations of infant – size 14 children wear available to the community.

CHILDREN PROGRAMS/ SERVICES

- **Homework Club 8-12yrs**
(In partnership with Boys and Girls Club, Funding provided by United Way)

Mon, Tues, Wed, Thurs 3:30-5:30pm

To support school aged children with their homework

- **Sunday Fun**
Sundays 9-10am—
provided by Rideau Park United Church program

A light breakfast and a craft activity.

- **Soccer Skills Training**
8-12yrs olds and 9-12yrs olds

(Funding provided by Community Foundation in part-

nership with the City of Ottawa -- Marius Barbeau)

Wednesday 5:30 to 7:30 pm

YOUTH PROGRAMS/ SERVICES

- **Homework & Employment Program (Sr.)13-17yrs of age**
(Funding provided by City of Ottawa, Community Funding)
Tues & Thurs 6:00 – 8:00 pm
Computer & internet use for job readiness/searches along with support with academic studies.

- **Youth Drop-in** (The Portable)12 & 16
(Funding provided by City of Ottawa, Community Funding)
Tuesday 8:00 - 9:00pm
Participate with your peers in various activities (board/ video game, crafts, music, etc.)

- **Girls Only** one week and **Guys Only** the next (12 & 16yrs)
(Funding provided by City of Ottawa, Community Funding)
Thursday 6:30-8:30 pm at the Portable
More of a focus group addressing social issues, concerns and/or trends.

- **Youth Safety Council** (12 & up)
(Provided by Safety Network Committee (Boys/Girls Club, YSB, YMCA/YWCA)
Mondays 7pm

ADULTS PROGRAMS/ SERVICES

—English as a Second Lan-

guage (adults)(9-12pm Monday to Friday) provided by OCDSB

—Computer/Internet Use (MUST CALL TO ENSURE OFFICE STAFF IS AVAILABLE)

—Community Health Nurse (pregnant mom and/or have children under 2 (Monday 12:30pm- 2:30pm) provided by SEOCHC

—Emergency Food Cupboard (second Wednesday at 1pm-2:30pm and fourth Wednesday at 6:30-8pm of each month) Can only access food once a month (supported by Ottawa Food bank, Rideau Park United Church, Holy Cross Roman Catholic Church, and St. Thomas D'Aquin)

—Lunch and Chat and Sewing (Mondays 12:30-2pm) Will pay a community member to cook and share the recipe. Adults must attend and participate in workshops regularly. (In partnership with SEOCHC and Funding provided by Ministry of Health and Community Fdn of Toronto)

—Individual support, (Rent papers, immigration referral, and other paperwork (We ask for clients to make appointments)

—Phone, Fax (\$1/Long distance), printing, and photocopying service (5 Cents/ copy)

Community Wheels Van for shopping to Giant Tiger (Please inquire). Must book space in advance. (In partnership with SEOCHC and Van provided by GM CANADA and United Way)

—Women Exercise Club activity (Lori) Sunday 7:30-8:30 pm

Monday 6:30-8:30

Volunteer appreciation

The program activities are possible only with the help of community volunteers. Without their dedication and commitment, it would not have been possible for the Community House to organize the wide range of activities for the benefit of the rest of the community.

The Community House has been blessed with the dedication and commitment from the following;

Suzanne Potvin for her endless hours stocking, organizing and leading the food cup-

board and missing only 1 day out of 2005

Suzanne Angus for her helping hands in the food bank and being a active voice of the community as a House Board member

Diane Dore for the organizing and maintaining the both the Clothing Cupboard Leader & food bank support

Selma Hanna for getting involved in many community events and lending a hand. She is one of the longest volunteers at the House.

A special thanks to the additional volunteers in services/ programs at the Community House: Hoda, Kelly Craig, and Christal Brownlee.

Also thanks to the Tenants Association members who have made the **Community Dinner** a success so far. Prominent names in this regard are **Saeda Hassan, Nemo Osman, Fouzia Mohammed, Cherlyne Elias, Nawal Ubeid, Mana, Amal, Rahma, Ruquia, Oubah and Maryam Ali.**



Community kids

Crime prevention in our community

When it comes to neighborhood, Banff and Ledbury residents are concerned with many safety and security problems. The following tips provide a good start for addressing these issues and raising awareness about crime prevention in general. The police and other service providers cannot do it alone. The community members need to get informed, get involved and make crime prevention part of their everyday life. Together, the community can continue to build a safer community.

Let us start with the basics

- Get organized and involved in various social activities at the Community House.
- Get to know each

other and discuss the problems for identifying the root causes and possible solution.

- Take advantages of the Ottawa Police Services and Ottawa Community Housing security.
- Get involved in the Tenants' Association — it is one of the best ways to know your neighbor and make your home and community safer.
- Contact the Ottawa Police Service about Child Print — a program for parents or guardians who want to learn about and practice safety tips aimed at protecting their

child or children

If you see something suspicious:

- Write down the description of any suspicious person and their actions;
- Get the make, model, color and license number of strange vehicles; and
- Call the police immediately

Get to know your police Personnel

In addition to the over 1000 sworn officers and 500 civilian police personnel, Ottawa Police Services have assigned 2 police officers to specifically look into the safety and

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FOR COMMUNITY

SAFETY:

GET INFORMED
AND GET
INVOLVED.

GET TO KNOW
YOUR POLICE
PERSONNEL



ESL classes at Banff Community House



2084-D
 Banff Avenue
 Ottawa, ON,
 K1V 7X9
 Phone: 613-526-2355

Banff Community Tenants' Association is working closely with the Community House and all service providers. The main objectives of the Tenant's Association are to advocate tenants point of view and promote their cause; coordinate with Ottawa Community Housing and other concerned stakeholders to address residents problems and to improve living conditions.

Tenants' Association at Banff Community is also looking after the activities of No Community Left Behind Project. The TA promotes and encourages social activities in the community for promoting goodwill and friendship among the tenants. The TA has planned several recreational activities for 2006 to ensure optimal use of neighbourhood facilities and available resources.

Banff Community Tenants' Association also supports programs which provide for the safety of community residents. To communicate local news and events of interest to community residents. The TA acts as a community spokesperson in promoting and protecting tenants' interests and other general concerns relating to Banff Community. Membership of TA is open to all residents of Banff Community. Any person residing in Banff Community is a member of the TA.

**Thursday January 26, 2006 6:30 pm
 Banff Community House Annual General Meeting
 and Tenants' Association Election**

**COME OUT
 &
 GET INVOLVED**

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security problems in Ledbury and Banff community among other neighboring communities.

With this service, the Ottawa Police goes beyond responding to specific complaints about crimes — the newly assigned officers also deal with neighborhood problems and assist communities in tackling local problems. Get to know your police personnel. You will find that Ottawa Police officers are:

- More than law enforcers, they are also problem-solvers and skilled communicators;
- Valuable resources who provide skills, important information, support and encour-

agement;

- Willing partners in crime prevention or addressing other neighborhood problems; and
- Members of the community who want to live and raise families in a safe environment — they too share your interest in safer communities.

Get Informed and Ger Involved

Participation in the Banff Community House and Tenants' Association is your first point of contact to learn more about crime prevention in Ledbury and Banff. Through interaction with other community members, police officers and other resource persons

you come to know what you can do to make your neighborhood safer. Get involved provides:

1. An active means to make a difference in your community;
2. Increased cooperation between the community and the police officers;
3. Increased public presence in the neighborhood as a means of deterring crime;
4. Increased awareness among residents in the community;
5. Increased quality of life and a safer environment for all; and
6. A great way to met and get to know your neighbors.



Community Day of Car-
 ing at Banff